

L'Arche Greater Washington, D.C. is a community of people with and without intellectual disabilities, sharing life together like a family.

HOME 24/7 CARE IN A FAMILY SETTING

L'Arche, Inc. – L'Arche Greater Washington, D.C. Purpose & Program Areas

Purpose: To make known the gifts of people with intellectual disability.

Program Areas

- I. Lifelong Care and Relationships
- II. Education and Advocacy
- III. Mission of Transformation



At L'Arche, we share life together and provide holistic care within meaningful relationships.



Program Areas I. Lifelong Care & Relationships

- L'Arche GWDC provides lifelong homes and support services to 14 adults with intellectual disabilities (called core members). Their needs are met by a team of assistants and volunteers (people without intellectual disabilities).
- Aging in place: As core members age they want to have the choice of staying in their homes. We have 2 homes in Washington, D.C. and two homes in Arlington, VA.
- **Relationships:** Our community centers around life-giving and lifechanging relationships, led by the core members. They lead our community in daily activities, household meetings, and setting goals for themselves.

Program Areas II. Education & Advocacy

Building a more inclusive society

Through:

- Community connections
- Advocacy at state and federal levels
- Fighting stereotypes
- Education

Core member leadership

 Core members speak to professionals, faith communities, students, and government officials

Program Areas III. Mission of Transformation

- In L'Arche mutual transformation and growth is a way of life, achieved by personal growth and development including leadership training and supporting each other on our spiritual journeys.
- We learn to appreciate the gifts of every person.

TRANSFORMED

Building a more human society

Recent Accomplishments & Outcomes

- We kept each other safe.
- "My Voice" film on inclusive medical care for people with intellectual disabilities.
- 20 formal outreach events involving over 630 people.
- Part of Georgetown University's First-Year Orientation to Community Involvement.
- Presentations to schools and universities.







- I serve on the Board of Directors of L'Arche Greater Washington, D.C. and have been on the board for a number of years.
- I am the chair of the Governance Committee and also serve on the Finance Committee.
- Prior to my relationship with L'Arche GWDC, I was involved with L'Arche Haiti for 10 years.



When disabled people are integrated into the rest of society, everyone wins.